

## HOT DRINKS



We are proud to serve award winning artisan coffee by Tynemouth Coffee Co.

Espresso	£1.80
Americano	£2.20
Latte	£2.35
Flat White	£2.35
Cappuccino	£2.35
Mocha	£2.40



Our coffees contain 2 shots of espresso standard. We can do 1 shot to help cut down on caffeine.

Hot Chocolate	£2.25
Deluxe Hot Chocolate <i>with cream and marshmallows</i>	£2.70
Tea for one	£1.60
Tea for two	£2.60

*Add a flavoured syrup or substitute with a milk alternative for +30p*

## COLD DRINKS

Bottled water	£1.00
Glass of Fruit Juice	£1.00
Glass of milk	£0.70
Selection of chilled smoothies, dairy free and Presse drinks from	£1.05

## SOMETHING SWEET

Homemade flapjack / cookie	£0.95
<i>flapjack / cookie &amp; coffee deal</i>	£2.75
Homemade scone	£1.50
<i>Scone &amp; coffee deal</i>	£3.20
Homemade cake	£1.65
<i>Cake &amp; coffee deal</i>	£3.45



*Fresh everyday*



# YMCA

## BREAKFAST MENU

Bacon, Sausage, or Egg Bap	£1.95
Breakfast Meal Deal Bap & Coffee	£3.80
Avocado Bagel Smashed avocado with a free range egg served on top a bagel half	£3.00
Salmon and Cream Cheese Bagel Half a bagel smothered in cream cheese, topped with smoked salmon	£3.25
Eggs hollandaise Two poached eggs on a toasted english muffin served with hollandaise sauce	£3.50
Clean Breakfast Made to order: Scrambled or poached egg, halloumi, smoked salmon, spinach, grilled tomato and mushrooms	£4.25
Extras: bacon, sausage, halloumi, etc.	£0.70 ea.
Toast with Butter	£1.30
Fruit Pots	£1.50
Granola & Yoghurt Pots	£1.50

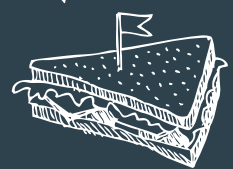
## A SPOT OF LUNCH

Daily Specials (see board)	£4.25
Soup of the day	£2.50
Soup and a 1 filing toastie	£4.50
Jacket Potato + salad garnish Add a topping: Cheese, Beans, Tuna	£2.80 £0.70 ea.
Toastie + salad garnish Ham, Cheese, Tomato, etc. 1 filling £2.65 / 2 fillings	£3.25
Omelette + salad garnish Ham, Cheese, Tomato, Mushroom 1 filling £4.25 / 2 fillings	£4.95
Quiche + salad garnish	£3.75

All proceeds from our Café go to support young people through our charitable work



*Special*



*what?*



CAFÉ  
MENU

Visit YMCA Café

Located 2 minutes walk  
from North Shields  
Metro Station

Our food is **made fresh daily**  
by our team of catering  
experts and learners

YMCA North Tyneside  
Church Way  
North Shields  
NE29 0AB



**WEEKDAY HOURS:** 8.30am - 5.30pm

Breakfast available until 11.00am daily  
Lunch Specials available 11.30am - 2.00pm daily  
Limited hot food available 2.00pm - 5.00pm  
*Drink, cakes and treats available all day*



**SATURDAY OPENING:** 9.00am - 3.00pm  
*(soup, quiche, jacket potatoes, cakes & treats available)*



We are proud to serve award  
winning artisan coffee by  
Tynemouth Coffee Co.

15% DISCOUNT  
FOR MEMBERS OF

**YMCA**

When you show  
your card!

**TODAYS  
SPECIALS**

Come in  
and see today's  
homemade specials

YMCA North Tyneside is a Company Limited by Guarantee Registered in England No. 02703063. Registered Charity No. 1011495.  
Provider of Social Housing No. 4793 Our Registered Offices are at Church Way, North Shields, Tyne & Wear, NE29 0AB.



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

All **proceeds** from our Café  
go to **support** young people  
through our **charitable work**

