

## **Community Allotment - Volunteer**

### **About the opportunity**

We need people to help run our allotment in North Shields (near to Spring Gardens School). It's a volunteer-led project which aims to engage the community in gardening activities, help tackle social isolation, improve mental and physical wellbeing and generate food to assist with nutritious diets.

This allotment project offers a wonderful opportunity to work with like-minded friends on caring for the land and producing small scale crops of usable vegetables. You may be working alone or in a group. We can supply tools.

### **What are we looking for?**

You should be a good team worker, with great communication skills, and of course, an interest and some experience in gardening.

### **Key responsibilities**

- General garden maintenance tasks including grass cutting/trimming, weeding, hedge trimming, basic landscaping and plant propagation
- Clearing overgrown areas
- Setting up tools and equipment and ensure the smooth day to day running of the allotment.
- Promoting and ensuring good Health and Safety at the allotment by being aware of policies and procedures and reporting or dealing with any hazards or concerns
- Interacting and building relationships with the people who attend the allotment, as well as creating a safe and supportive by providing them with support and encouragement to participate in the allotment activities
- Supporting people who attend the allotment to increase their gardening skills and knowledge, support people to promote environmental sustainability and green issues

### **Skills, experiences and abilities**

- Interest in gardening
- Approachable and have a positive attitude
- Ability to work safely and to not endanger yourself or others, using common sense to maintain a safe working environment.
- Able to work in a team with people of wide-ranging ages and abilities
- Ability to listen and follow instructions
- Self-motivated, committed and flexible
- Empathy with YMCA's values

If you're interested in becoming a volunteer please fill out the form on our volunteering page or email [enquiries@ymcanorthtyneside.org](mailto:enquiries@ymcanorthtyneside.org)