

YMCA  
NORTH TYNESIDE

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YMCA

## Hope for the Future

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Remember YMCA  
North Tyneside in  
your Will to help  
build a better future.





**With a gift in your Will, you could change the course of a young person's life – bringing them out of hopelessness and despair, and giving them the chance of a better future.**

I know, because I have seen it happen. When they arrive at YMCA North Tyneside, young people are at the lowest point in their lives. Some have nothing but the clothes they are wearing – no home, no support from a family and no hope for the future.

With a gift in your Will, you can welcome a young person into YMCA's family. You'll give them a safe place to stay, emotional support to get over what they've been through, and the training they need to build a bright future for themselves.

Our Founder, Sir George Williams, summed up the guiding principle that has united us since 1844, saying:

*"It is not how little, but how much we can do for others."*

Today, you can help secure the future of our life-changing work by remembering YMCA North Tyneside in your Will. I know that your Will is personal, and you will want to care for family first. But whatever you can leave for young people will make such a difference.

At YMCA North Tyneside we see the potential in young people. Thank you so much for considering giving a gift in your Will, and believing in young people.

With all my thanks,



Dean Titterton  
Chief Executive  
YMCA North Tyneside

## Give hope to the young people who'll need help in years to come

YMCA is the largest and oldest youth charity in the world. Over the years, we have developed our work, from providing support to soldiers and their families during the World Wars, to giving young people the chance of a bright future today. Though our work has adapted to meet changing needs, our values have remained constant since Sir George Williams first set up the charity in 1844. Your legacy could ensure vulnerable young people can count on us to support them in years to come.



***"I have all the support from YMCA housing and Gym staff and I'm finally heading in the right direction. I now have a much healthier relationship with my family. YMCA is very good and without it I don't know where I would be or what path I would have taken."***

Nick, supported by YMCA North Tyneside.



***"I first encountered YMCA during the War. I will never forget the effort they made to ease the lives of young soldiers like me. I don't know how we would have got through those difficult times without their spiritual support."***

Angus Williams, World War II veteran.

# Give someone like Adam a safe place to stay – and the hope of a brighter future

Adam came to YMCA North Tyneside after finishing 6th form college where he studied Business, IT and Textiles.

*“University just wasn’t going to be for me. The pressure of achieving, working to a deadline and generally being in that high pressure environment just isn’t good for me. I love making clothes, things that I can actually wear so I needed to find a way of making that happen without the stress.”*

Adam is quite open about his ongoing challenges with his mental health. He has suffered from anxiety and depression for a number of years, so the pressure of finding a job were always going to be complex for him.

He approached the Job Centre who put him in touch with his ‘work coach’. After only a short time he was pointed in the direction of YMCA North Tyneside’s Hospitality, Catering and Food Hygiene course.

Adam didn’t know much about it but went along with the intention of ‘keeping himself busy’ and learning some new skills until he found a job.

*Adam explained, “As soon as I got down onto the café floor and was able to put everything I had learned into practice it felt great. Being around the customers and other staff, being able to learn as I went really showed me that this was more than just something to bide my time doing. The more I was doing, the more I learned, the more my confidence grew.”*

Finding a job was proving difficult and Adam felt at home in YMCA Café, so rather than leave when his course ended he decided to stay on and volunteer his time. It meant he was able to continue honing his coffee making and customer service skills.

After a few weeks of job searching and volunteering, things began to look up.

*“I had heard through a friend that they were looking for full time staff at a local coffee shop, so I grabbed the opportunity and handed in my CV. I was invited back for an interview the very same day! Being the only one applying who had coffee making experience set me apart from the other applicants I think. The training and volunteering had given me skills that helped me get a trial shift.*

With a smile Adam added, *“I have been working for the coffee shop for over three months now and I rarely make a bad cup of anything! I love making coffee that people enjoy. I’m looking forward to the potential career advancement.”*

Adam has managed to save over £440 which has paid for brand new sewing machine and overlocker. He has big plans to put his textiles skills to good use and continue making individual pieces of clothing.



All stories used in this booklet are true, but names have been changed and models used to protect identities.

## A gift in your Will can help us:

- Provide **accommodation** for young people with nowhere else to go.
- Promote stable, healthy **families** to give young people the best start in life.
- Promote **health & wellbeing** through community fitness and health clubs.
- Provide **training & education** to give young people the chance to build better futures.
- Give **support & advice** to young people who need help to overcome the challenges they face.
- Encourage young people to try new activities, through **youth work**, developing their understanding of community and expand their ‘world view’.

# Give a gift of hope in six easy steps

1. Decide on executors for your Will who will ensure your wishes are respected, and name them in your Will.
2. Calculate the value of your estate, taking into account the value of any property and investments, as well as any debts.
3. List anyone you would like to remember in your Will, including your family & favourite charities.
4. Go to a solicitor to draw up your Will.
5. You should keep your Will in a safe place and make sure your executors know where to find it. You can also ask your solicitor to look after your Will for you.
6. Please share your intentions with us. We'd like to thank you properly and to invite you to events that show you the work you support. But you can choose not to.

## Give your gift, your way

**Choose the type of gift that's right for you. For many people, it's a residuary gift that allows them to provide for family members first.**

With a **residuary gift** you can leave a percentage or the whole of your remaining estate, once all debts and other gifts have been paid. This kind of legacy isn't affected by inflation

Choose a **pecuniary gift** and you will specify a sum of money to leave YMCA, but it could be significantly affected by inflation.

**Specific – leaving individual possessions:** You can also leave assets such as land, property, shares and valuables. As with pecuniary gifts, it's important to remember that the value of an asset can vary enormously over time.

# Your questions answered

## What type of gift should I leave?

Many supporters choose a residuary legacy because it keeps pace with inflation. Any monetary gift – whatever the size – will make an enormous difference to the life of a young person who has nothing. Some individuals may choose to donate property for similar reasons.

## Do I need to draw up a new Will?

If you have a Will and just want to add a gift to YMCA, you can simply add a Codicil. Ask your solicitor to help you ensure your wishes are known and acted upon.

## Do I need a solicitor?

We advise you to consult a solicitor whether you're making or changing your Will. You can find a solicitor in your area at [www.lawsociety.org.uk](http://www.lawsociety.org.uk) or call **020 7320 5650** (Mon-Fri 9:00-17:30).

## Who should I choose as executor?

Consider whether a close friend or family member is the right person to ensure your wishes are carried out. Some people choose to pay a bank or a solicitor to act as executor.

## What is inheritance tax?

Some estates are liable for inheritance tax. The threshold changes and you can find the latest details at [www.gov.uk](http://www.gov.uk)

## YMCA Shops

Donations of items are gratefully received by our YMCA shops



**YMCA sent Jake (18) to catering college.**



# Gift of hope

A gift in your Will really will make a difference

[www.ymcanorthtyneside.org/legacy](http://www.ymcanorthtyneside.org/legacy)

*“It is a real tragedy that so many young people end up on the street. I support YMCA because I believe that they are doing an absolutely fantastic job. Leaving them a gift in my Will is a great way to ensure that they can continue to do so, well into the future.”*

Sandra Brookes, YMCA Supporter

*“My dad always believed that, whatever their background, every young person deserves the chance to build a good life for themselves. By leaving a legacy in his Will, his belief is becoming a reality. I am so proud of him.”*

Andrea Wilson, Daughter of a supporter who left a legacy to YMCA

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YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION