



Y'S GIRLS MENTORING

Enabling girls to belong,
contribute and thrive



INFORMATION FOR PARENTS & CARERS

What is Y's Girls Mentoring?

Y's Girls Mentoring matches young women aged 9–14 years old with a trained volunteer mentor from their community. The mentor will spend up to two hours per week with the young person on fun activities that the young person is interested in.

Is it voluntary?

Y's Girls Mentoring is completely voluntary. The young person can opt out at any time. You will be informed of any changes.

How did you receive my child's details?

The child's details may have been passed onto us by a local agency who feel that they might benefit from having a mentor. This may be school or another agency the child has contact with. Also, they might have self-referred in order to access the Y's Girls Mentoring programme.

Will I meet the mentor?

If you have received this leaflet, it is likely you have already received a visit to your home from the Project Coordinator. If the young girl chooses to have a mentor, they will usually be introduced at your home so you can meet them face to face.

Do I have to drop my child off and pick them up?

The mentor will come to your home to pick up your daughter or the child you care for. The mentor will inform you of their planned activity, the location, and their estimated time of return. Mentors are encouraged to use public transport and can only use their own car to transport a child with your consent.

How long is the programme?

The mentoring relationship lasts normally for around one year, but this can change depending on the circumstances of the young person.

What records do you keep?

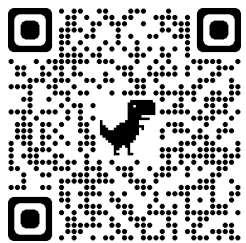
All records of activities and information are kept securely for monitoring and evaluation purposes. We always seek to maintain confidentiality. Please ask your Project Coordinator about our informed consent policy.

How will I know my child is safe?

All mentors undergo mandatory safeguarding checks (PVG, DBS, etc.) and have references undertaken prior to recruitment. Mentors also receive specific training and ongoing support to help them choose activities that are both safe and fun, as well as adhering to YMCA policies and procedures. The Project Coordinator receives regular reports about the activities to keep an overview, and the young people are regularly asked for their feedback.

What if I want to provide feedback?

Parent and carer views are very important to us. You will regularly have the opportunity to share your views when the young person's Action Plan is reviewed, and at any agreed visit to your home. You can also contact the Project Coordinator directly to raise any issues.



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Y'S GIRLS
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Department for
Digital, Culture,
Media & Sport



Garfield Weston
FOUNDATION



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.