

Prices accurate as of
1st April 2026.

START HERE →

What is your age?

12-17

18-59

60+

Flexi-Fit*

£5.00 Pay As You Go
£13.95 2 Week Gym Pass
£18.95 4 Week Gym Pass
£16.95 Flexi Monthly DD
£20.00 Joining Fee

Are you a student?
Do you receive benefits?

Benefits*

No

Student

Would you like to share
your membership with
loved ones?

Yes

No

Joint & Family*

£420 Pre-Paid Joint Annual
£480 Pre-Paid Family Annual
£43.95 Flexi Monthly DD
£30.00 Joining Fee

Freedom

£7.00 Pay As You Go
£18.95 2 Week Gym Pass
£28.95 4 Week Gym Pass
£20.95 Flexi Monthly DD
£225 Pre-Paid Annual
£20.00 Joining Fee

Students & Seniors

£5.00 Pay As You Go
£23.95 4 Week Gym Pass
£19.95 Flexi Monthly DD
£20.00 Joining Fee

Roxblast PAYG Membership

£13.50 Per Class for Non
Members (18+)
£3.50 Per Class in Addition
to Direct Debit or
PAYG Fee (18+)



YMCA GYM

Fantastic gym facilities at the heart of your community.

Refer a Friend

Referring a friend is simple. You refer them, they sign up to a Direct Debit membership, they make their first 2 payments, then you both receive the following month **FREE!** *Ts & Cs apply.



Off Peak Memberships

If you are looking to only attend the gym or classes between the hours of 10am-3pm? Why not sign up for our Off Peak Monthly DD?

£20.00 Joining Fee
£15.95 per month

Contact Us

Phone:

0191 257 5434 ext. 303

Email:

ymcagym@ymcanorthtyneside.org

Did You Know...

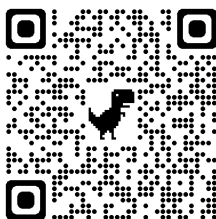
Your membership fees help us to provide vital support to communities across North Tyneside, South Tyneside, Northumberland, Bishop Auckland and at RAF Leeming.

You're not only forming a healthy habit, you're allowing us to provide supported housing, after school clubs, youth clubs, holiday activity programmes, residential trips and more, helping young people, communities and vulnerable individuals to be healthy, happy and connected.

Thank you!

Try Before You Buy!

Day Pass: **£10**



Scan me to find out more!

*The Important Boring Part (Ts & Cs)

Under 18's are required to book in for an induction before using the facilities by calling 0191 257 5434 ext. 303. Both the membership form and health form must be completed by parent or guardian prior to their induction.

Benefit recipients will be asked to provide proof of benefits which can be in the form of a bank statement or a letter from the council. Benefits that we accept are:

- Job Seekers Allowance
- Employment Support Allowance
- Personal Independence Payment
- Carer's Allowance
- Universal Credit
- NASS Support (Asylum Seekers)

Joint memberships are for 2 adults living at the same address. **Family** memberships are for up to 2 adults and all under 18's living at the same address.

To cancel one of our **Direct Debit (DD)** memberships we require 30 days notice.

Annual membership fees for PAYG, 2 & 4 week pass members were reinstated from 1st November 2022 meaning that once per year, a £10 membership fee will be charged. Direct Debit members will not have to pay the annual fee.