

31 COMMUNITY MEALS 

Provided support for **464** Individuals 



565 Senior Lunches served 

9,246 session interactions with Children, Young People & Community Members

67 unique Home Education class regular attendees 

1,364 hours given by **133** Volunteers 

55 Children & Young People from military families attended our Airplay sessions at RAF Leeming


  **1,786** Airplay session attendances

Through using their 2 paid Volunteer Days, 130 of our staff gave **1,950** Volunteer Hours to other organisations this year


21,030 Safe Nights under our roofs 

30 Positive Move Ons to independence

468 Individuals supported by our Housing Regulate & Protect Services

We housed **75** Young People & Adults with complex needs 

119 Children cared for at YMCA Day Nursery

81% increase in the number of Nursery volunteer hours 


318,622 Hours of Early Years Education delivered 

Our Cancer & Exercise Rehabilitation Instructors have worked with **7** Individuals to help improve their fatigue, strength and quality of life 

95,053 individual gym sessions done by **1,240** active gym members at YMCA Gym

258 Under 18's attended their Gym induction 

1,536 Over 60's have attended our Cardiac Rehab classes

1,400 1-1's have taken place at YMCA Gym 

8,154 Nights Stayed at The Patterdale Estate where all profits help to fund our charitable work 

25,885 Interactions with the local community in our YMCA Cafe 